

AFRICAN NATIONAL CONGRESS  
SOLOMON MAHLANGU FREEDOM COLLEGE

Proposed Syllabus for Adult Functional Classes

Introduction:

"The National Programme must have a definite functional orient on working as part of education so learning is necessary part of working and learning must become an integral part of working."

AIMS:

1. To teach the adult illiterate functional - literacy - reading, writing and simple arithmetic. To instigate on change in his outlook leading to his social and economic development.
2. To teach the new-illiterate practical lessons in health, agriculture and community development, to effect a social and economic change in his standard of living, ultimately raising the standard of the whole community.
3. To teach the adult new-literate the A.N.C. Freedom Charter and the civil rights, duties and responsibilities so that he becomes well-informed as regards the struggle for liberation of South Africa; change in man's attitude during and after liberation phase
4. To aid the African National Congress development programme whose success depends on change in man's attitude as he becomes literate.
5. Adults first and foremost need their lot to be improved. This can be achieved through practical or functional education integrating reading, writing and arithmetic with instruction in economics, health, etc.

(1) Proposed Syllabus for Adult Functional Literacy Classes - 1982/83

1. Political Education:

Unit 1

The ANC slogans:

Amandla! Ngawethu!

Maatla! Ke Arona!

Power! To the people!

The National Anthem: Its meaning and its significance it has for the whole country of South Africa.

Unit 2

The ANC of South Africa.

Unit 3

Formation of the A.N.C.

Unit 4

The National flag of the A.N.C.



Unit 5

The Freedom Charter (General)

Unit 6

The Freedom Charter.

The People - Clause one.

Unit 7

The Freedom Charter: Equality - Clause two.

Unit 8

The Freedom Charter: Equal distribution of wealth - clause three.

Unit 9

The Freedom Charter: Right of Education and culture - clause eight.

Unit 10

History of the struggle

Unit 11

Revisions

2 English.

Unit 1

Greetings: Good morning, good afternoon and good evening etc.

Unit 2

Articles, countable and uncountable nouns.

Unit 3

Pronouns: I, You, He, She and It.

Unit 4

Possessives:

My/mine, Your/yours, His/his, Our/ours, It/its, Her/hers,  
Their/theirs.

Unit 5

Adjectives: Small, big, tall, long, short, bad, etc.

Unit 6

Verbs and tenses: The present continuous tense (verb ending in  
-ing and the questions: What am I doing?

Unit 7

Interrogatives.

Unit 8

Adverbs

Unit 9

Revisions

3 Arithmetic

Unit 1

Numerals 0 - 9



Unit 2

Numerals and food price rates

Unit 3

Addition of one digit figures

Unit 4

Subtraction of one digit figures

Unit 5

Multiplication of one digit figures

Unit 6

Division of one digit figures

Unit 7

Two-digit figures: (+ - x ÷)

Unit 8

Three digit figures (÷ - x ÷)

Unit 9

Simple problems in addition, subtraction, multiplication and division on time, weight, length etc.

Unit 10

Simple problems in addition, subtraction, multiplication and division on capacity, measurement and money.

Unit 11

Revisions.

4

4. Food and Nutrition

Unit 1

Food and the well being of the human body.

Unit 2

Nutrients in the human body: water as a nutrient in the human body

Unit 3

Sources of water. Advantages and disadvantages of each type of source of water.

Unit 4

Uses of water.

Contamination and pollution of water.

Unit 5

Diseases spread by contaminated water. Their effects on the individual and community health.

Unit 6

Animal and plant food.

Unit 7

Protective foods (Food for protection)



Unit 8

Food for energy and warmth.

Unit 9

Functions of food.

Unit 10

Dangers in food and water

Unit 11

Care when storing food.

Unit 12.

Revisions

INTERMEDIATE LEVELS

1.0 WATER:

1.1 Sources of water.

1.2 Advantages and disadvantages of each type of source of water.

1.3 Uses of water

1.4 Contamination and pollution of water.

1.5 Diseases spread by contaminated water.

1.6 Their effects on the individual and community health.

2.0 MOSQUITO:

2.1 Adaptations as disease carrier.

2.2 Disease carried.

2.3 Improvement of living standards as part of control methods.

3.0 HOUSE FLY

Study as for Mosquito (2.1 - 2.3 above)

4.0 FOOD AND NUTRITION:

4.1 Food and diseases

4.2 Contamination

4.3 Under nutrition

4.4 Obesity

4.5 Malnutrition

5.0 FOOD PRODUCTION, STORAGE ETC.

5.1 Food shortage

5.2 Cause of food shortage

6.0 THE SOIL

6.1 The origin and formation of soil

7.0 SOIL EROSION

8.0 FARM EQUIPMENT:

8.1. Vegetable production

8.2. Keeping of records



9.0 CROPS: MAIZE, RICE, WHEAT, BEANS AND SUGAR. ETC.

SCIENCE (INTEGRATED)

10.0 EARTH - (CORE CONCEPTS)

10.1 The weather - warm, sunny, cloudy, rainy, windy, snowy or cold.

10.2 Weather changes from day to day.

10.3 Weather changes with a change in seasons.

10.4 We cannot see air, but we can see what it does.

10.5 Air is real; air is all around us etc.

11. THE EARTH II

11.1 The earth is a planet

11.2 The earth has land, water and air.

11.3 The earth has many kinds of rocks.

11.4 The earth has many kinds of soil.

11.5 Plants grow better in some types of soil.

12. AIR TO USE

12.1 You breathe air

12.2 You cannot live without air.

12.3 Many animals have lungs and breathe air.

12.4 Aquatic plants and animals need air.

12.5 There is air in water.

12.6 There is air in soil.

12.7 Plants, roots, seeds and leaves need air.

13.0 CHANGES CALLED WEATHER:

13.1 Heat from the sun causes temperature changes on the earth.

13.2 Air temperatures are usually higher in summer than in winter.

13.3 Land heats faster and cools faster than water.

13.4 Wind is caused when cool air replaces warm air.

14.0 ENVIRONMENTAL ISSUES IN SOUTH AFRICA.

14.1 Urban related environmental problems and issues in South Africa

14.2 Environmental issues in population in South Africa

14.3 Rural oriented environmental issues (problems).

14.4 Rural settlement and health in South Africa

14.5 Planning

14.6 Housing

14.7 Water

14.8 Communication.



- 14.9 Marketing
- 14.10 Nutrition
- 14.11 Infectious diseases and immunization

14.12 Deficiency diseases.

15.0 ENVIRONMENTAL LAW IN SOUTH AFRICA

- 15.1 Cultural environmental issues
- 15.2 Traditional culture and environment.
- 15.3 Effects of apartheid in land issues and social roles.
- 15.4 Cultural invasion.
- 15.5 Political awareness.

16. CHILD HEALTH

17. FAMILY PLANNING

18. ENVIRONMENTAL HEALTH AND HYGIENE

19. WATER AND SOIL CONSERVATION

20. AFFORESTATION

21. HISTORY OF S.A. FROM ..... (Introduction)

22. APARTHEID IN SOUTH AFRICA

23. FORMATION OF THE AFRICAN NATIONAL CONGRESS.

24. THE NATIONAL ANTHEM.

25. Particularly its meaning and content and significance it has for the whole country of South Africa.

25. History of the struggle

Mathematics - Intermediate Levels

UNIT 1

Notion of quantity and number

UNIT 2

Simple problem solving on:

- addition
- subtraction
- multiplication
- division

UNIT 3

Simple problem solving on:

- quantity
- size
- weights

UNIT 4

Problems in addition, subtraction, multiplication and division on percentages.



UNIT 5

Metric on:

- measurement on centimetres, etc.
- weights on kilograms etc.
- measurement and length on kilometres/metres/centimetres/ etc.

UNIT 6

Money: Making change on \$, Sh, R, Kwacha, etc.

UNIT 7

Fractions: (+ - x ÷ )

UNIT 8

Divisions and multiples:-

Multiples of 10.

Dividing by multiples of 10.

UNIT 9

Length and surface in relation to the school garden, class room, kitchen, etc.

UNIT 10

Food prices, comparative cost of different foods, cost of diet, measurements of capacity in relation to foods.

UNIT 11

General revision

N.B. Whatever the teaching method is applied in Adult classes, the objective should be learning language, mathematics, handicrafts, social sciences etc.

ooOoo



# THE PRINCIPAL - SOMAFCO

AFRICAN NATIONAL CONGRESS (S.A.)

SOLOMON MAHLANGU FREEDOM COLLEGE

Intermediate

List of Learners of Adult Education

October, 1983

<u>Date Ent.</u>	<u>Name in Full</u>	<u>Sex</u>	<u>Age</u>	<u>Level</u>	<u>Address</u>
2.5.83	1. Cecilia Mafu	F		Intermediate	Tabora
2.5.83	2. Violet Msimango	F		..	Ilala
12.10.83	3. Thembi Wana	F		..	Copenhagen
12.10.82	4. Daizy Themba	F		..	Ilala
12.10.82	5. Elizabeth Bagolegang	F		..	Tabora
2.5.83	6. Isaac Thabethe	M		..	Ilala
2.10.83	7. Alice Guma	F		Basic/Inter	..
2.5.83	8. Emmily Banda	F		..	..
2.5.83	9. Esther Khenyane	F		..	Unit 01
12.10.83	10. Dynamo Molefe	F		..	Ilala
12.10.82	11. Pauline Sithole	F		..	..
2.5.83	12. Pelina Mufaki	F		..	Unit 01
2.5.83	13. Mwendwa Lukele	F		..	Tabora
2.5.83	14. Roda Selebogo	F		..	Unit 01
2.5.83	15. Hadija Omari	F		..	Kionda
12.5.83	16. Fadhila Njunwa	F		Intermediate	Ilala
	17. Maria Mbali	F		..	Town
12.10.83	18. Monica Mathe	F		..	Ilala
12.10.83	19. Esther Vermas	F		..	Copebhage
2.5.83	20. Zoleka Bulile	F		..	Unit 01
2.5.83	21. Joyce John	F		..	..
2.5.83	22. Bungele Mnisi	F		..	..
2.5.83	23. Cebolanga Ulzema	F		..	..
14.9.83	24. Lucy Thasakgo	F		..	..
19.9.83	25. Angelina Michael	F		..	Kionda
19.9.83	26. Eunice Thula	F		..	Ilala
2.5.83	27. Hilda Ngalo	F		..	Unit 01
19.9.83	28. Ellen Mthimkulu	F		..	Tabora
2.5.83	29. Flora Lawrence	F		Basic/Inter	..
12.10.82	30. Emily Kutaza	F		Intermediate	Ilala



AFRICAN NATIONAL CONGRESS (S.A.)

SOLOMON MAHLANGU FREEDOM COLLEGE.

Basic Level

October, 1983

List of learners of Adult Education.

Date of Entrance	Name in Full	Sex	Age	Address	Level
12.10.82	1.Emma Motupe	F	26	Tabora	B. Level
12.10.82	2.Naria Keena	F	28	..	. ..
.. .. .	3.Margaret Mali	F	37	..	. ..
.. .. .	4.Gladys Sele	F	30	Kliptown	. ..
.. .. .	5.Antonia Konyi	F	26	Tabora	. ..
.. .. .	6.Yulita Twala	F	20	Tabora	. ..
.. .. .	7.Maria Mnisi	F	19	..	. ..
.. .. .	8.Helena Mkomo	F	33	Kionda	. ..
.. .. .	9.Maria Sithole	F	30	Tabora	. ..
.. .. .	10.Mwanahamisi Rajabu	F	28	Tabora	. ..
.. .. .	11.Gladys Mkwena	F		Kliptown	. ..
.. .. .	12.Prisca Azizi	F	18	Ilala	B/Inter-
.. .. .	13.Violet Dlamini	F		Ilala	. ..
.. .. .	14.Freda Nunu	F	24	Tabora	. ..
.. .. .	15.Catherine Haule	F	30	Ilala	. ..
.. .. .	16.Margaret Jonas	F	35	Kionda	. ..
.. .. .	17.Mariam Edward	F	21	..	. ..
.. .. .	18.Halima Edward	F	30	..	. ..
2.5.83	19.Aziza Twala	F		Tabora	. ..
.. .. .	20.Leah Mnisi	F		Ilala	. ..
.. .. .	21.Tabi Iddi	F	37	Town	. ..
.. .. .	22.Aanna Mungo	F		..	. ..
.. .. .	23.Mary Ndlovu	F		Ilala	. ..
.. .. .	24.Shell Tandabantu	F		Unit 01	. ..
14.9.83	25.Martha Julius	F		Kionda	. ..
.. .. .	26.Matabo Mjiba	F		Unit 01	. ..
12.10.83	27.Monica Maboe	F		..	. ..
14.9.83	28.Margareth Modishan	F	40	Kionda	. ..
2.5.83	29.Hadija Hussein	F	32	..	. ..
12.10.83	30.Pindiwe Vicar	F		..	. ..
2.5.83	31.Phoebe Mzima	F	20	..	. ..
. . .	32.Chem Kabeso	F		Kongwa	. ..
. . .	33.Sandra Dlamini	F		Unit 01	. ..
	34.				
	35.				
	36.				
	37.				