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PROJECT LITERACY ADULT AFRICAN LANGUAGE LITERACY COURSE
The African language literacy course used by PrOJect Literacy is called ADULT
BREAKTHROUGH. It is an adaptation for adults of the Molteno PIOJeCC'S
Breakthrough for children. The learning process of the original course has
accelerated to meet the adult need to achieve results as quickly as
p055ible and is supplemented by a section of life skills needed by adults in
an urban enVironment.
people have asked:
Mhy African language literacy before English or Afrikaans?
Children can eaSily be put into an inversion language programme where
they are taught to be literate in a language not their ownt Their
own language is not entrenched in their lives and being young they
can learn an additional language with ease.
Adults are different. First of all their language 15 already
entrenched in their lives. It 15 their personal, latinate means of
commmnicating with loved ones, friends and family. They express
their hopes and aspirations - political and personal - through this
nedium. They need to be able to communicate in a written form in
their anther tongue.
Most psychologists agree that people's nental health 15 affected by
two najor factors
- their self inage
- their ability to control their enVironment.
Illiterate people are continually bombarded with negative feedback
about themselves. They are always being told how stupid and
backward they are and that they will never be any different.
Consequently they have a very poor self-inage.
In addition, being illiterate in an industrialised satiety gives
illiterates very little control over their envxronnent. They
therefore feel stupid, afraid, anxious and resentful. They utten
develop anti-social withdrawal nodes of behavlour where they refuse
to ask questions. e.g. asking for help or explanations, Jr to
volunteer information, etc. They becone sullen, devmous and
:oncealing, often compliant because they just cannot cope. Win;
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n, Mr H Cleavu
Mr H Dhlamlm Mr RF Gulls". Mr PG Humilvon, Mr MB Hoimuyl, Mr Justice JC Kncgler, MI MSP K
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whole attitude affects their life situation at hone and at work.
hhat they need is a quick injection of self-coniideuce and a skill
which gives them a chance to control a part of their environment as
soon as possible.
Mather tongue literacy is the easiest and quickest way of meeting
the above two urgent requirements. To become literate in a second
or third language which you cannot speak properly takes many years
and is often a difficult and negative experience itself. Pbther
tongue literacy gives immediate joy and easy success to the
learners. Their self image is enhanced quickly. Confidence is
increased by their ability to control a hitherto unknown area of
their lives.
Illiteratea also need to understand many abstract concepts in their
mother tongue which are often not understandable in a second or
third language. Linguistic concepts like sentence construction,
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grouping of ideas, generalising, categorising of similar things are

all note easily explained in anther tongue. Certain skills like:

- the use of alphabetical order in storing and retrieving information $% \left(1\right) =\left(1\right) +\left(1$
- the alphabetising of first, second, third and fourth letter words
- the use of code books, telephone directories and dictionaries, are also nmch note easily grasped through the nedium of the anther tongue.

Finally if illiterate people get a good grounding in their mother tongue, and their first experience of literacy is of a high quality. they will acquire language skills which greatly facilitate their learning a second or third language.

GENERAL OVERVIEW OF ADULT BREAKTHROUGH

Language/Literacy Tuition

Breakthrough is a anther tongue literacy programme which leads learners from total illiteracy to a high degree of literacy where they can read fluently and write with ease. From the start learners are encouraged to take responsibility for their own learning. 11m teacher is nerely a facilitator anongst a team of equals. The course is learner centred and therefore stinulating and interesting to the learners who are, in addition, able to learn through active involvement in the learning process. It follows a language experience approach where reading, writing, speaking, spelling and punctuation are taught simultaneously as an integrated language experience. Learners are able to progress as quickly as possible as the class 15 taught in ability groups who are kept busy all the tine. Groups take turns in coming to the teaching corner where intenSive tultion is given, enabling teachers to accurately nonitor each learner's progress. At the sane time the ability grouping allows fleXibiljty in the classroom and learners are able to learn,

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at their own pace, slow and fast learners alike.
Life Skills Tuition
In addition to this language/literacy tuition, learners are taught
certain life skills which they need in their work and hone
environment and which help them to cope with living in an industrial
urban area. These are taught parallel to the above course and are
slotted in when the degree of literacy aquisition enables the
learners to cope with them. By the end of the course learners will
be able to write nanes, addresses, write letters, dates, ID numbers,
telephone numbers, take basic nessages, read payslips, TV
progrannes, know the inportance of alphabetical order and Will be
able to use postal code books, telephone directories and anther
tongue/English/Afrikaans dictionaries. They will be well eqUipped
to go on to second or third language aquisition (e.g. English and
Afrikaans) as well as nuneracy and/or baSic arithmetic.
Duration
For optinum benefit and lasting effects, the literacy course should
continue for 246 hours. Fast learners can nanage with between 180 -
200 hours, but Project Literacy recommends a full 246 hours.
Efficacy of the course
Teachers and learners alike testify to the efficacy of the course.
Learners feel extremely confident because of the standard of their
literacy achievement. Teachers are delighted by the rapid progress
of the learners and the learners thenselves have remarked, during
the course, how important it is to attend every lesson. As so much
progress takes place each lesson, they are likely to be left behind
even if they miss only one lesson. (The ability grouping in the
classroom enables a learner who has been absent to catch up
successfully.)
Furtherwore, in spite of the fact that this Breakthrough course is
an African language literacy course only) and does not encompass
English, Afrikaans or computational skills, learners find that on
completion of the course they are able to cope with a wide variety
of written and nunerical skills outside their nnther tongue
linguistic experience. For instance, they can read English and
Afrikaans nanes of shops, streets. and bu51nesses as well as many
other, nonvunther tongue words plus nunerical statements which
hitherto meant nothing to them. Language transference is also
pOSSible, as information received by learners in Afrikaans or
English can be noted down in nother tongue and relayed again in
English or Afrikaans.
NB: It is inpottant to realise that within all groups of illiterate
learners those with severe learning disbilities and perceptual
problems will be encountered. These adults whose problems should
have been attended to during their childhood often prove to he
ineducable or at best are very slow learners. Breakthrough 13 1
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great boon to them as the sentence maker, a remarkable learning aid,
enables them to achieve a degree of literacy hitherto not possible.
DETAILS OF THE COURSE
The course is made up of four separate stages, Prestage 1, Stage 1,
Stage 2, and Stage 3.
Prestage 1
In this stage learners are:
- enabled to get to know the teacher and their fellow learners
- orientated about the new connutnent in their lives, literacy
and all it entails
- informed and notivated about the course they are taking -
Breakthrough
- provided with a step by step plan to WRITE accurately and
legibly which is taught in a neaningful way and culminates in
the learners being able to copy the first sentences which are
taught at the teaching corner in Stage 1. These writing
skills are learnt through the acquisition of two important
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baSlC skills, the writing of ther nanes and the date.

Stage 1

In this stage learners are taught the FIRST preselected COREMDRDS in the form of carefully structured sequential sentences. These sentences are elicited from conversations at the Teacher's Corner which have arisen from discussions of posters and/or life situations. The discussions which often becone lively debates, are inportant stimulation for learners. In the process they are helped to articulate clearly what actually interests and concerns them. The concept of a sentence is explored and learners are taught punctuation innediately, i.e. the use ofxtapital letters, fullstops and commas.

As soon as learners have learnt how to read the first key sentence they are shown the correct letter formation and placement of the letters employed in the sentence and supplied with worksheets of each particular letter. In addition (for the first two key sentences only) they are provided with a copy of the key sentence which they are able to copy as re-inforceuent of the lesson. The second key sentence is taught in the sane tanner. As soon as learners know both these first two sentences thoroughly and recognise all the words in them, they are given their own individual sentence nakers With these words. They then consolidate their knowledge of these words by making a variety of different sentences with them on their sentence naker and copy them into their books. Gradually the words are learnt in greater detail, i.e. syllables and separate letter sounds, and learners are able to take them down from dictation.

Learners continue to learn the tenainder of the tirst core words

through the different key sentences. After each sentence is learnt, they are given the new words to use in their sentence makers and are provided with the relevant worksheets of the new letters for re-inforcement and writing practice. In this manner learners are able to copy their own individual sentences. Dictation is given at intervals after the introduction of two to four new words so that the learners progress is carefully nonitored.

This process continue until approximately all 20 first core words are known. Learners are thus doing basic reading and writing exercises sinultaneously. The first core words are chosen to introduce all small letters used in the language taught, and the uajority of them have a single consonant followed by a vowel. At the end of this stage, learners know all the letters used in their , Hall alike, and can write about 100

sentences. In addition, Simple life skills have been acquired, e.g. nanes of personnel at work, family nanes, dates and telephone numbers.

The above integrated method - hallmark of Breakthrough - where oral work, reading, writing and spelling are taught sinultaneously neets the adults' need for rapid progress. 1 Stage 2

This stage is excltlng for learners as it is far more creative than the previous two stages. Learners use their previously learnt first core words and new ones elicited from the conversations at the teaching corner, plus any other words of their own choice. They are therefore able to be original, each learner's sentences being different from those of their fellow learners. During this stage they not only increase their vocabulary trenendously (learning at least all the words in the sentence maker) but acquire a sound knowledge of :ne workings of their language, e.g. structures, syntax and nnrphology.

Further refinements of punctuation like direct speech are also taught. All this 15 possible because the Learner's sentence "Ekul enables learners to continually construct a great variety of sentences. Learners are also encouraged to read each others work and to read additional readers, nazagines and articles. They are also encouraged to bring articles/pictures to class for discu551on at the Teacher's Corner. Reading lessons also provide exciting stiumlatlon. By the end of Stage 2, they no longer require thell sentence makers to help them write. They have in fact "broken through to literacy". The phonic frieze is used to nake sure that learners know all the sounds in their language and its pictures inspire learners to write interesting essays. Being a series of verbs, it is very useful too for giving learners practise 1n the nany verbal exteDSions in the African language.

Stage 3

Finally in this Stage. learners concentrate on commmication skills b3

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- talking, reading and writing. They write essays, letters, news items, descriptions of real life situations and creative stories. By this stage they are able to put down in writing anything they think about - they are in fact literate in their own language. They are encouraged to read and write at ever increasing levels of difficulty so that they are able to read all pertinent written natetial.

Final life skills like the importance of alphabetical order in storing and retrieving inforuation are taught as well as how to take ba51c nessages and fill in relevant forms, etc. Learners are now ready for second and third language aquisition as well as further training in nuneracy skills.

ADAPTATIONS FOR ADULTS OF BREAKTHROUGH EQUIPMENT

Teacher's Sentence Maker, Learner's Sentence Maker and hbrdstore. The sentence makers (TSM and LSM) and the wordstore are used unaltered with the addition of capital letters and other key words frequently used by adult learners. Although the basic core vocabularly in the sentence nakers could be changed to be more suitable and relevant for adults (and we ate naking notes of these specific words), Project Literacy's experience has been that adults are happy to use the sentence maker as is with the addition of a few crucial words and letters. Furthernnre, any limitations imposed by the preselected core vocabulary, are overcome by learners being able to make additional words from the existing morphenes and being able to add any special whole words of their choice to their LSM during Stage 2. Ideally Project Literacy would like to change a section of the core Vocabulary, but this will cone with further experimentation.

POSTERS AND PPDNIC FRIEZE

All the posters provided for the original Breakthrough for children have been used in the classroom in our experimental classes. The three posters relating to the Town, 3 Hone in the Township and the Farm scene are acceptable to adult learners. The poster of the children studying Breakthrough has been replaced by adult learners u51ng Breakthrough. Many additional posters are used including a variety of work and recreational scenes for nen and wonen in town and rural settings. Learners are encouraged to bring their own pictures as well. The greater the variety of posters, the note stinmlation for the learners.

The phonic freize pictures have been selectively replaced. All pictures which were particuarly childish have been replaced Wlth pictures involving adults.

READERS

The original Breakthrough readers have been eshewed completely. Leathers are encouraged to read each others work. Preject Literacy .wm-V..M

Learners are encouraged to read each others work. Project Literacy is in the process of developing its own readers based on neo-literates' own work. To date, about twenty essays ranging from "hhat kind of leader I wish to have in the Republic of South Africa" to 'lerequited Love" have been written in North Sotho. During this experinental stage, learners are encouraged to read the graded readers provided in the schools, i.e. A Re Bale in North Sotho. Although these are not really suitable subject natter, their subject matter is more adult than the original Breakthrough readers and they at least provide graded reading to enable learners to nonitor their own progress. Any newspapers, magazines, articles, health tracts, etc. are also used In the classroom. Learners are encouraged to read anything they can lay their hands on! Readers from Learn and Teach, Operation Upgrade and any other relevant sources are also used.

The development of new posters, phonic friezes and suitable readers is an ongoing process at Proaect Literacy. All new developments are tested in the classrooms.