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Alexandra Paul is an accomplished motion picture and television actress, highly educated with a deep commitment to social activism. She plays Lieutenant Stephanie Holden on "Baywatch," the supervisor assigned to Will Rogers lifeguard headquarters.

She made her debut on national television in a leading role in one of the highest rated television movies of the 19805, "Paper Dolls" on ABC. She has since starred in a number of feature films and movies for television including "Sunset Grill," "Prey of the Chameleon," "Dragnet," "Eight Million Ways To Die," "American Flyer," "Christine" and "Perry Mason." Paul recently completed filming "Nothing to Lose," a Canadian co-production, and "The Paper Boy," an independent production out of Montreal in which she plays the lead role, as well as an upcoming episode of Bob Zemekis' new series, "Johnny Bago."

Paul grew up in the countryside of New England with her twin sister, Caroline, and her younger brother Jonathan. Her childhood was filled with horseback riding, swimming, reading and (more. . .)

the study of languages -- as a result, Paul speaks fluent French. Her concern for social issues developed while attending Groton, a boarding school in Massachusetts, where she became president of the energy committee, campaigned for independent 1984 presidential candidate John Anderson, led boycotts against socially irresponsible corporations and chose to become a vegetarian. Paul landed her first professional modeling job at sixteen and a year later graduated with honors from Groton. She is an accomplished swimmer who maintains a serious workout regimen and is also certified as an emergency medical technician. Paul's involvement in political and social issues continues. She recycles, owns an electric car, will not wear cosmetics that have been tested on animals and is a member of Zero Population Growth. Deeply concerned about the possibility of nuclear war, she walked for five weeks on the Great Peace March in 1986.

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