

EDUCATION AND INFORMATION PROJECT ON STD AND HIV/AIDS IN THE ANC - COMMUNITIES

Introduction

The proposal deals with the prevention of the spread of HIV-infection amongst South Africans hosted in the countries of southern africa, mainly Angola, Tanzania and Zambia.

For the proposal it is recognized that such a programme has to be integrated into the existing health services which is geared towards Primary Health Care (PHC).

So far no proper sero-epidemiological study has been done amongst the ANC communities. The existing information has been restricted to random HIV-testing, the results of which seem to bear similarity to existing patterns of the infection amongst host communities. Though such random testing has been dictated mostly by requirements for entry in some overseas countries, limited results are available amongst sufferers of acute sexually transmitted diseases and again these seem to bear striking resemblance to similar risk groups in host communities.

Although the ANC communities in southern africa differ geographically they share a common conviction, implying that probably a common approach towards the programme would lead to required political willingness.

Goals and objectives

- To reach a good knowledge about sexual transmitted diseases (STD) including HIV/AIDS among all the ANC communities in Angola, Tanzania, Zambia and students abroad, for them to be able to avoid getting infected.
- To determine the sero-epidemiological status of the communities.
- To train the health workers in counselling people infected by STD and HIV.
- To strengthen the health sector to continuously promote PHC in the communities.

Project components

1. EDUCATION AND INFORMATION SUPPORT

- a) Introduction and information of the programme to the local leadership of the communities.
- b) Coordination and training of ANC health educators by a swedish health educator.
- c) Workshops on STD and HIV/AIDS for health workers in the communities, conducted by the health educators (includ. the swedish).
- d) Information of the public through various activities, conducted by the health workers.
- e) Information packages for the students abroad to be sent twice during the project.

2. EDUCATION MATERIAL SUPPORT

- a) Subscriptions and medical literature on STD and HIV/AIDS.
- b) Audio-visual equipments
- c) Production of pamphlets and posters.
- d) Stationaries for the workshops.

3. STRENGTHENING OF THE LABORATORY RESOURCES

- a) An inventing visit by a swedish laboratory technician to look for the technical and educational needs in the laboratories of the communities.
- b) Purchase of laboratory equipment including ELISA and Western Blot testkits (Western Blot only for Tanzania).
- c) Training of ANC laboratory technicians in STD, ELISA and Western Blot techniques by a swedish lab.technician.
Supervision during the installation of the new equipment.
- d) Supervisional visit by the swedish lab.technician, concerning the ELISA and Western Blot techniques.
Evaluation together with the ANC lab.technicians.

4. EVALUATION

A final evaluation by the ANC responsables and the
swedish administrator to plan for further activities.

Budget summary

1. EDUCATION AND INFORMATION SUPPORT	169 640 SEK
2. EDUCATION MATERIAL SUPPORT	167 000 SEK
3. LABORATORY SUPPORT	424 640 SEK
4. EVALUATION	28 300 SEK
5. ADMINISTRATION	129 000 SEK
6. UNFORESEEN	10 000 SEK
TOTAL PROJECT COST	928 580 SEK

Budget

1. EDUCATION AND INFORMATION SUPPORT

a) Travels	85 000 SEK
b) Salaries (swed. staff)	40 000 SEK
c) Allowances (swed. and ANC staff)	34 640 SEK
d) Air mail costs for 1000 information- packages twice	10 000 SEK

2. EDUCATION MATERIAL SUPPORT

a) Subscriptions and medical literature	5 000 SEK
b) Audio-visual equipments, including transports and insurances	113 600 SEK
c) Production of pamphlets and posters, including transports	45 400 SEK
d) Stationaries for the workshops, inclu- ding transports	3 000 SEK

3. STRENGTHENING OF THE LABORATORY RESOURCES

a) Travels	78 000 SEK
b) Salaries (swed. staff)	80 000 SEK
c) Allowances	16 640 SEK
d) Laboratory equipment	100 000 SEK
e) ELISA and Western Blot test kits	150 000 SEK

4. EVALUATION

Travel and allowances	22 000 + 6 300	28 300 SEK
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5. ADMINISTRATION

a) Salaries	120 000 SEK
b) Office supplies includ. tlx, tele etc.	8 000 SEK
c) Information	1 000 SEK

6. UNFORSEEN	10 000 SEK
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TOTAL PROJECT COST 928 580 SEK

Time table

JANUARY-FEBRUARY 1989

The project leader of ANC appointed

The administrator of ARO appointed

Purchase of medical literature and subscriptions, audio-visual equipments and stationaries for the work shops

The first supervisional visit by the swedish lab.technician to look for the material- and educational needs in the laboratories of the communities.

MARCH

Purchase of the laboratory equipment.

Prouduction of pamphlets and posters.

Introduction visit to the communities to sensitize the local leadership.

Coordination and training of the ANC health educators by a swedish health educator. Updrawing of a standard programme for the health education.

APRIL

Workshops in the communities for the health workers conducted by the health educators (includ. the swedish)

The first information package sent to the students abroad.

MAY

Evaluation of the workshops done by the health educators.

Supervision during the installation of the new laboratory equipment.

Training of the ANC lab.technicians on STD-, ELISA- and Western Blot techniques by the swedish lab.technician.

JUNE -JULY

Workshops for the public in the communities conducted by the health workers.

AUGUST

Supervision of the ANC lab.technicians by the swedish lab.technician.

Evaluation made by the lab.technicians.

SEPTEMBER

A second information package sent to the students abroad.

OCTOBER

Presentation of the results from random studies to the Health Department of ANC.

NOVEMBER-DECEMBER

Continuesly activities in the communities.

Feb 90 ←

Evaluation by the ANC-responsibles and the ARO-administrator.

Finacial report to ARO,

June
~~JANUARY~~ 1990

Evaluation and financial report to SIDA.

Jobdescriptions

ADMINISTRATOR

Continuesly projectadministration.

Coordination of the activities in colaboration with the ANC project leader.

Assist ANC to be informed about the latest informations in the STD and HIV/AIDS fields.

Recruit swedish personnel.

Evaluation and final report to SIDA

LABORATORY TECHNICIAN

A first visit (2-3 weeks) to invate the various needs in the laboratories of Angola, Tanzania and Zambia. Togehter with ANC lab.technicians and health responsables define the necessary laboratory equipment for the ELISA- and Western Blot analises.

A second visit (2-3 weeks) to supervise during the installation of the new equipment and to train the lab.-technicians in ELISA and Western Blot techniques.

A third visit (1-2 weeks) to supervise and to evaluate together with the ANC lab.technicians.

HEALTH EDUCATOR

Supervise and train the ANC health educators in education on STD, includ. HIV/AIDS focused on prevention.

Train in how to counsell infected people.

Assist in updrawing of a standard programme on STD, HIV/AIDS for the workshops for health educators in the communities.

Conduct workshops for health workers together with two ANC health educators.