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TRUSTEES; DR. A BOESAK, REV. F. CHIKANE. DR. M. COLEMAN. PROF. J. GERWEL.
ARCHWFWHOP D HURLEY. MR Y. MAHOMED. FR. 5. MKHATSHWA.
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1. INTRODUCTION

This proposal motivates for majdr in South Africa, run thrOth the Natidnal Progressive Prim Care Natwork (PPHCN). Funding is requested for 3 years. between 119,06? and 167,782 HIV positive South Africans at the end of 1990 (prediction of between 316,725 and 446,300 at the end of 1991)(Padayachee), with a doubling time of 8.5 months. It is widely

2. AIMS OF THE PROGRAMME ,

2.1 To raise awareness of AIDS anq initiate and develop preventive programmes to reduce the spreau pf HIV infectiOn through education combined with other means of intervention. The target group will include squatters, rural areas, women, hostel dwellers and youth.

AIDS workers (CAN'S). , 1

2.3 To improve the AIDS component'in all Primary Health Care (PHC) delivery services (especially PPHC affiliated projects).

2.4 To encourage and pressure the government health services to provide good quality health services and curative care for penple with AIDS (PWAs) as well as to supply condoma as required to effect this intervention programme.

3. STRUCTURE

The programme consists of local,-regional and national structures. Maximum resources are invested at a Incal level. The regional and national structures effectively support local programmes. In each of the 7 ragions 12 Community AIDS Workers (CANS) will be selected, employed and trained in the first year and another 20 CAWS added to each region in the second year. CAWs will be selected With community

4. BUDGET IMPLICATIONS

First Year:

Capital Expenditure ' R809,500

Recurring Costs , ' ' Rb.784,423

10% Contingency R759,392

TOTAL R8,:33,315

Second Year:

Capital Expenditure R146,600

Recurring Costs _ R12,156.326

52 Cantingency fR615,146

TOTAL R 12,918,072

Third Year:

Recurring : TOTAL 15,315,092

NATIONAL AIDS PROGRAMME PROPOSED BY THE NATIONAL PROGRESSIVE
PRIMARY HEALTH CARE NETWORK

1. INTRODUCTION

This proposal motivates for major funding for a national AIDS programme in South Africa, run through the National Progressive Primary Health Care Network (PPHCN).

The need for a nationally co-ordinated AIDS intervention programme has been widely recognised within South Africa for some time now. The CDanPY ii at a Pllnixvulv narily stage in the epidemic with 565 AIDS cases and 275 A109 related deaths reported as of March 4, 1991, and a reliable epidemiological estimate of between 119,069 and 167,782 HIV positive South African: at the end of 1990 (prediction of between 316,725 and 446,300 at the end of 1991) (Padayarhen, appendix A), with a coupling time of 8.5 months. We can predict the same kind of outcome for the epidemic as other countries of Central and Southern Africa hit in 1981; ,Uhunulqyn :nnr nu-uthu;J .NHJLLlua mdxlm159 the spread of AIDS and promote maximum impact of the epidemic. In addition the government has to date been ineffective against AIDS. Its response has in the past been a very heavy media campaign, a very slow response and very few resources put into AIDS. It faces a crisis of credibility which immobilizes it 'in the face of the AIDS epidemic. Without an intensive, nationally co-ordinated and credible intervention programme, AIDS will inhibit the development of our QCDHBMV and the rebuilding of society in the post apartheid era.

The necessity of consultation has taken time to register. However, when the PPHC can apply for the funding for this National AIDS Programme. The Maputo Statement on AIDS (April 1990) has been a major factor in the development of the JuhwLHL ta attached (Ahvud\$ a' 5#-\$D?' reference prepared. It reflects the understanding of the progressive health organisations within the country and the African National Congress' (ANC) Health Department. It highlights the importance these organisations attach to AIDS. The conference prepared that participating organisations work through the National PPHC Network.

The National Progressive Primary Health Care Network is a national network of health and development projects, programmes and organisations, established in 1987. It is the logical structure for a wide range of groups active on AIDS to combine forces. The regional PPHC AIDS structures involve more than 80% of the non government organisations (NGOs) working on AIDS, and attract sympathetic health workers from the government AIDS services. PPHC has a unique capacity to involve existing AIDS resources and integrate them with the needs of community organisations. It has strong support and involvement from the progressive health organisations. It ,a.

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also has the backing of the ANC Health Department (formalised in decisions from the ANC AIDS Conference in May 1990 in Lusaka) and a variety of AIDS projects. It is already known to a range of communities especially through its members. The ground work has been done, and PPHC has developed regional structures which will be able to sustain a programme of the scale proposed in this document.

The PPHC has a strong health orientation, but also includes community organisations and unions to a varying degree in some regions. In the medium term the AIDS structure must develop beyond a health network to become an intersectoral co-ordinating structure with more active involvement of a representative range of unions, political and community organisations. At this early stage of the epidemic, black communities have virtually no first hand experience of AIDS, so it has been health workers who presently lead the campaign against AIDS.

A number of people and projects are active on AIDS in South Africa, but their efforts do not add up to a co-ordinated strategy and countrywide programme against AIDS. Resources are focussed in a few urban centres. Some resources effectively only serve whites. PPHC AIDS activities attempt to overcome these problems, but are not making a substantial impact because of a lack of resources - there are no full-time workers and volunteers have limited commitments. The type of programme needed requires large scale resources, especially in the form of full-time workers. There is a tremendous urgency about launching a National AIDS Programme, but to be effective the programme must be implemented on the scale envisaged by this proposal.

2. AIMS OF THE PROGRAMME

2.1 This will be effected on two distinct ways - 1) through the provision of AIDS personnel and operational support, and 2) through education, training of community-based personnel, and the promotion of preventive measures for HIV infection as outlined below.

2.2 To raise awareness of AIDS and initiate and develop preventive programmes to reduce the spread of HIV infection through education combined with other means at intervention. The target group will include squatters, rural areas, women, hostel dwellers and youth.

2.3 To encourage and pressure the government health service: to provide good quality health services and curative care for people with AIDS (PWAS) as well as to supply condoms as required to effect this intervention Programme,

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2.4 To develop a community-based AIDS intervention programme in the community through the training and support of credible community AIDS workers (CAW's).

2.5 To improve the AIDS component in all Primary Health Care (PHC) delivery services (especially PPHC affiliated projects).

2.6 To develop community support structures for people with AIDS (PWAs) and promote community acceptance of PWAs.

3. STRATEGIES

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The principles of our strategy are defined in the Maputo Statement. .

3.1 Develop all programmes and intervention strategies in consultation with the community, and work through existing community, political and other organisations to reach out into the community.

3.2 Deal with the socio-political nature of AIDS.

A) The social and political factors which promote the spread of AIDS. These include the disruption of families (migrant labour system and forced removals), shortage of accommodation, poor wages and high unemployment (especially for women and the youth), the virtual collapse of the educational system, the effects of urbanization and the disruption of traditional cultures.

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B) The effects of AIDS; discrimination, inadequate health and welfare services, inadequate social security.

C) The politicization of AIDS intervention strategies in apartheid society because of past government action.

The racially discriminatory mass media campaign and the association of condoms with birth control aimed specifically at limiting black births.

3.3 Build an existing organisational resource: rather than setting up a completely new AIDS structure. This means working through both the National PPHC with its AIDS Structure and through existing organisations that represent communities.

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Network resources and skills so as to maximize progress on HIV/AIDS intervention, and reduce duplication and competition. A need to co-ordinate and develop standards for HIV/AIDS work in South Africa.

To develop an inter sectoral intervention approach to AIDS/HIV which will include unions, women, students, youth, ANS, education, culture, health, welfare, the gay community, legal interventions, progressive news media and any other relevant sectors in the programme.

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4. STRUCTURE FOR THE AIDS PROGRAMME

The programme consists of local, regional and national structures. Maximum resources are invested at a local level. The regional and national structures effectively support local programmes and their role is to:

1. Consolidate work through sharing experiences and workshopping common approaches.
2. Training: AIDS specific, organising and running a programme and administration.
3. Problem solve and help local workers become more effective.
4. Planning and evaluation: developing a Comprehensive programme.
5. Sharing and developing resources so that the under developed regions benefit from the more urban centres.

The National AIDS Programme will build on existing PPHC structures. However the scale of the programme requires dramatic development of the structure. The National AIDS programme will follow the existing PPHC structures. PPHC has a national committee with an executive based in Johannesburg and regional structures with a committee, co-ordinator and office. There are seven regions.

Regional AIDS structures exist in most regions. Several are impatiently awaiting funds in order to immediately implement the programme. Other regional structures need some time to develop with the assistance of national staff.

We need to develop the national and local levels of the programme. Many members are active at a local level, but activities need to be co-ordinated and developed into a comprehensive strategy. The emphasis of the programme is local activity.

4.1 Local

The key to the programme is the Community AIDS Worker (CAW).

Role of the Community AIDS Worker (CAW):

Promote educational programmes in community and political organisations as well as to other targeted groups in the community.

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i To initiate greater community involvement and to train
athens in the community so that the awareness, education
and intervention multiplies and is not only depended on
the CAW.

Promote the care of HIV positive people and people with
AIDS (PWAs). Develop community acceptance and mobilise
FHMHNlthffanhu! wrr-.L _ ."na a: well as
promoting sources for counselling, testing and medical
care. ,

12 Community RYDQ wutkirs (annual will be employed in each at
the seven regions in the first year with another 20 added in
the second year. CANS will work through the local structures
now could be based in existing PDHC affiliated projects,
community organisations, unions or projects. CANS need to be
assigned to the COMMUNIQUE ixes S&TVQ - usual in their
selection and in their work. 3

The CANS will be skilled people with secondary education and
fluent in Afrikaans/ Tswana Will need an
organisational understanding.. Training will be very
important. It will extend their skills in AIDS (adult
educational and counselling skills) and their ability to
develop and sustain the AIDS programme (management,
planning, finance and evaluation skills). The training will
always link AIDS to other Primary Health Care (PHC) Issues
(prevention through GOTS - Growth, Oral Rehydration,
Breastfeeding, Immunization/ Family Spacing, Female health,
First Aid) and will develop a comprehensive PHC approach
which includes a socio-political understanding of AIDS.

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4.2 Regional

Regions will be similar in structure but with flexibility to
respond to local conditions. There are 7 regions.

Existing PPHC QIDS Groups will set up the office, employ,
train and backup employees. Community organisations will be
drawn in through representatives on the regional PPHC AIDS
structure. In some regions there will need to be more than
one office and organiser to effectively service the region.
(1 in the O.F.S., 2 each in NE Transvaal, Eastern Cape,
Border and W. Cape and 3 in Southern Transvaal and Natal).
where possible they will share resources with PPHC regional
offices.

4.3 National

This will be based in Johannesburg. There will be a national
executive of a chairperson, secretary and treasurer (as with
PPHC). The national coordinating committee (AIDS Task
Force) will be made up of the above 3 with 1 rep from each
of the 7 regions and will meet at the same time and place as
the PPHC National Committee - 3 times a year.

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Natasha: workers: A national coordinator and a national administrator. They will link with the existing PPHC national co-ordinators and administrators.

5. IMPLEMENTATION

The programme is of necessity large and ambitious. we cannot wait for AIDS groups to evolve spontaneously. The programme intervenes to build AIDS programmes in areas where none existed and strengthen existing ones.

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This means employing staff who can take responsibility for developing the programme and have credibility with the communities in which they will work. A careful and detailed selection process will be used that will include representatives of community organisations from the area in which they will work.

The whole programme emphasises the CAM and the local level of work. Training is emphasised. It is intrinsic to the setting up of the programme and is on going. We are painfully aware of the need to train and strengthen management, finance and other organisational skills which are lacking in disadvantaged communities in South Africa. Linked to this is the development of planning and evaluation skills. The programme is committed to a process of planning and evaluation in order to continually develop and adapt to be as effective as possible.

6. TIMETABLE FOR IMPLEMENTATION I

6.1 Raise funds and set up financial systems.

6.2 Set up offices and select, employ and train employees in the national office and in 3 regional offices (8. Transvaal, W. Cape and Natal).

6.3 National staff assist the other 4 regions to set up regional offices and select, employ and train regional employees.

6.4 Set up selection process and select CAWS in total communities. Train CANS.

6.5 Develop media and design a national media campaign.

6.6 Develop regional programmes and implement.

6.7 Build inter-sectoral structure and action.

6.8 By the end of the first year to review and evaluate the programme. Implement this evaluation.

6.9 In the second year to add 20 CAWS in each region and continue to develop and strengthen the programme at a national, regional and local level.'

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7. LIST OF RESOURCES REQUIRED FOR THE PROGRAMME:

Salaries for 1 National Co-ordinator and Administrator
1 Salaries for 15 regional coordinators/organisers and 7 regional administrators.

Salaries for 84 Community AIDS workers (CANS) in the first year and 224 CAs in the second year.

Vehicles x 15

Laptop computers x 12 in the first year and 7 in the second year.

1 Video presenter, overhead projector and generators x 12 in the first year and 6 in the second year.

X-%

1 Office equipment.

Running costs.

1 Training costs.

1 Educational materials. 1

National media campaign utilising TV, radio and printed media and educational materials.

1 A legal fund to support legal interventions and test cases on discrimination etc.

8. EUROPEAN NON-GOVERNMENTAL ORGANISATIONS: '

PPHCN together with the Kagisa Trust have identified two NGOs to partner this initiative in Europe. Each has been chosen because of their skills and experience.

CAFDD in London has been chosen because of their longstanding commitment to HIV/AIDS work in Africa (as well as Asia and Latin America) and because they have a Special HIV/AIDS department. Their support will go exclusively to human resource support for the programme.

One World Action, also in London, have identified work with HIV/AIDS as a priority area and their chairperson, Glynnis Kinnock, is strongly committed to support in this area. The education, training and promotional aspects of the programme will be their exclusive special area of support.

This division of labour and support is clearly indicated in the budget line, though does not mean to imply a digression, both agencies will be collaborating closely.

4 March 1991.