

COMMINITE DE MARINE DE LA VICENS

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computerised ambulance in mazimbu

MEW COURSES FOR LADIES (THE AND DIE)

THAT IS AIDS ?

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FLACTUATION OF CURRENT IN NEW ILALA DESTROYS VARIOUS VALUABLE ELECTRICAL APPLIANCES.

COVER BY AMOS & JAH.

EDITORIAL

MAKE MAZIMBU A GARDEN

If life is what we make of it, then let's do likewise in Mazimbu.

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I remember six years back when the late Cde Moses Mabida visited Mazimbu and left us with a very blessing message: "Make Mazimbu a garden." It is obvious to me that not everybody understood or interpreted the message comprehensively. According to my own terms, if I'm not out of tagent, I think he was honestly advising us that we should learn to love one another, protect our mmunity, and of course keep the place clean so that it is a healthy, peaceful and harmonious zone. This would in turn prove to the world the kind of South Africa we envasage.

I'm afraid that things seem to be taking place the other way round. Our community is more like a river that carries all sorts of junks. "Our community accommodates thugs, thieves, parasites, opportunists, hypocrites and all sorts of incorrigible elements. But at the same time it accommodates genuine characters like delicate ladies and gentlemen.

It is true that we do not pay for our property, but we ought to take good care of it. A stitch in time saves nine.

INSTITUTE THE SECRETARY OF SELECTION OF BEEN ADER

From the Editor

A WORD OF THANKS

HHI TOLINARY OLA DELLA

The bereaved family of Cde Kentridge wholeheartedly thanks all members and friends in the Community who made it possible for late Cde Joyce to be buried back at home in South Africa.

Hamba Kahle Cde Joyce.

"MEW AMBULANCE"

ROTTERDAM DONATE ANC-HOLLAND HOSPITAL

It is already weeks now that a container with paintings of an ambulance arrived in Mazimbu. Inside this container was a modern type of an ambulance.

The ambulance is of international standard with advanced equipment. This nice looking ambulance contains the following resuscitation equipment:

- computer drip

THE REPARE

- computer kit
- computer spare parts
- inflation beds
- omin first aid kit
- oxygen gas (manual and automatic)
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The ANC-HOLLAND Hospital is very grateful for this support and want to thank the Anti-Apartheid Rotterdam for all help and support rendered to us.

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Welcome our beautiful ambulance.

ANC-HOLLAND HOSPITAL

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"OMISSION REGRETTED"

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CORRECTION

In our last issue of Community News and Views we published the names of our National Executive of the ANC and we omitted the name of one member of the National Executive Committee that is commade Thozamile Botha, all in all there are 55 elected members of the NEC. Omission is regretted.

WHAT IS AIDS?

Aids is an illness for which there is no cure and which is usually fatal. It is caused by a virus - the Human Immuno Deficiency Virus, or HIV. This virus does two things to an infected person:

- 1. It invades and immobilises their immune system, and stops it from doing its job of protecting the person against infections in the same way as enemy agent might infiltrate an army and prevent it from acting against an attack.
 - The virus can also cause damage to the brain affecting the person's ability to think and act clearly.

Once someone is infected with this virus they will remain infected for life. However, there may be a long period of time when they are unaware of having a serious infection, because at first there are signs or symptoms of illness. But, from time someone is first infected and for the rest of their life, they will be able to pass the virus on to other people.

HOW IS THE VIRUS PASSED FROM ONE PERSON TO ANOTHER? TO THE VIRUS PASSED FROM ONE PERSON TO

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There are only a few ways that this infection can be spread.

- 1. By sexual intercourse.
- 2. By injection of blood from an infected person or an injection through a needle which has been used on an infected person and not properly sterilized.
- 3. From an infected mother to her baby before birth.

IT IS IMPORTANT TO REALISE THAT ANY OF US - MAN OR WOMAN - MAY BECOME INFECTED WITH THIS VIRUS AND MAY PASS IT ON TO OTHER PEOPLE, IN THE WAYS MENTIONED ABOVE.

It only takes one exposure, through sex for example, to be infected by the virus.

It is essential that we protect our movement, our comrades and ourselves from further spread of this serious and deadly infection.

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WHAT IS TO BE DONE ABOUT HIV INFECTIONS AND AIDS?

Health workers and health facilities must, of course, do everything they can to eliminate the risk of infection spreading in blood and injection needles.

In our sex lives, though, the responsibility to prevent the spread of HIV infection and AIDS rests with us.

- 1. The more sexual partners one has the more likely he/she is to become infected with the Aids virus. Therefore it is important to stick to one partner.
- 2. The way the virus enters the body during sex is in the fluids of the man and woman. USING A CONDOM (SHEATH) DURING INTERCOUNTS ABSOLUTELY ESSENTIAL TO PROTECT YOU AND YOUR PARTNER FROM GETTING OR PASSING ON THIS INFECTION. Condoms also reduce the risk of other sexually transmitted diseases like gonorrhea, and unwanted pregnancies.
- 3. WE RELY ON EACH TO ACT ACCORDING TO THESE GUIDE-LINES. If our attitudes and behaviour make this difficult, these must be discussed and debated like other political issues and in this way we will be able to challenge the obstacles in our way.

IF WE FAIL TO RESPOND EFFECTIVELY AND IMMEDIATELY TO THE CHALLENGE OF AIDS WE RISK THE EXTENSIVE SPREAD OF INFECTION IN OUR RANKS WHICH WILL HAVE DISASTROUS AND IRREVERSIBLE CONSEQUENCES FOR OUR MOVEMENT AND OUR FUTURE.

The only way we can stop HIV infection and Aids is to protect our comrades and ourselves by PUTTING INTO PRACTICE THE GUIDE-LINES outlined above, and making sure all our comrades do the same.

AVOID HAVING MANY SEXUAL PARTNERS.

ALWAYS USE A CONDOM WHEN HAVING SEX.

BEWARE OF THE PROBLEM OF AIDS AND EDUCATE

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Mr Editor,

Allow me through your bulletin to express my views concerning the flow of current in New Ilala.

In as far as I can remember, the flow of current here where I reside has always been normal up until we heard that some transformers had blown up and were replaced. Since then the current in this zone has never been stable stable, and as a result a number of items like tape recorders have had their transformers blown, kettles damaged, bulbs exploding, fans damaged and many other electrical appliances using the mains current.

former worker at the electronics workshop I am not able to help each and every person coming for help as each of the cases I have come across are having one and the same problem i.e. failure in the transformer caused by lack of continuity wiring or a short current within the transformer itself. So all that needs to done is to rewire the transformer or buy an equivalent and new one.

I therefore appeal to the department concerned to try and regulate the current which inconveniences our work and make life very unpleasant for us because if the equipment has been damaged it needs to be replaced.

worried Comrade

DOES AIDS REALLY KILL?

As wise people once said, that people who shut their eyes to reality simply invite their own destruction and say one who insists on remaining in a state of innocence long after that innocence is dead turns himself into a monster. Since my facial outlook spread, gloom all over, I would like to belong to those ready to learn and express my fears openly.

Cde Editor I would like to make a few comments on the way the problem of AIDS is handled in Tanzania and in Mazimbu in

particular. Millions after millions of shillings are poured into the fight against this threat to our very existence but all in vain, I suppose.

Everybody by now knows how one can get AIDS. Everybody knows what one should do and what not to. But it is spreading nevertheless.

Cde Editor, its of no use to call on churches to work for the change in the sexual behaviour of their members. They have been doing that for the past 4 000 years without much success. So if they to a large extent did not succeed to make their flock follow the Sixth Commandments of God, Thou shall not commit adultery, what else are the authorities expecting them to do?

I am of the strong opinion that being part of Tanzania we're not exception. I strongly believe that AIDS is one of the diseases knocking on our door to Mazimbu.

It is then time for us to start frightening some bogus lovers because people will only truly come to their senses, if they are truly frightened by telling them the figures of people affected by this deadly disease. Instead of wasting money on endless seminars and the importation of those useless condoms which usually burst in the process, and give people a false sense of security and even lead to more carelessness

How happy I will be one day to see the statistics on AIDS especially here in Morogoro. I would be happy also if the authorities here in Tanzania would introduce a legislation providing for compulsory AIDS Testing of couples intending to marry, the doctor would have the duty to tell them to make up their minds on whether they want to go ahead with their marriage. I find it any moral or legal objection to this rather hypocritical.

It is time the honoured duty of the doctors to save life and prevent any threat to it. And certainly any person has the moral and legal right to save his own life even if it is threatened by the spouse. Having doctors who withhold information is like having an alcoholic as a brewery manager.

Daniel Lungu (SNR)

RESPONCE FROM THE HOSPITAL

Dear Editor, waste and the

From your last issue of Community News and Views a T.B. patient from Morogoro hospital complained that our Hospital is neglecting them.

Let us put it clear that the hospital used to give out sheets for patients, last year in less than 7 months 47 sheets disapeared at the Morogoro Hospital. Comrades sell sheets and one was caught right here at our hospital stealing sheets. Now the hospital has no more sheets to offer. Patients must take their sheets along when they know that they are going to be admitted in Morogoro.

Patients are also informed to take plates, cups and spoons when going to hospital. Misquito Nets are no longer provided by hospital.

Coming to the issue of poor food, the hospital is providing two meals per day that is at 9.00hrs and at 16.00hrs to comrades at

Morogoro Hospital. An agreement was made between our Hospital and Morogoro Hospital that our comrades should be allowed to get food. Ofcourse we offer food that is available and the same food given to patients at our hospital is the same food given to the Morogoro patients.

We try our level best to make our patients comfortable and wish them quick recovery.

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ANC-HOSPITAL

APPEAL TO THE COMMUNITY

The hospital is appealing to commades who take stoel-containers and never returned them to the hospital. Comrades are advised to return stoel-containers to the Hospital immediately.

ANC-HOLLAND HOSPITAL

REPORTS!

AN ADVICE FROM WELFARE OFFICER

Recently the Community News and Views hat a chat with the Welfare Officer, Cde. Sisa. Cde. Sisa informed the Community News and Views that since the relaxation of the curfew more burglaries have taken place. In some of these burglaries comrades were involved. Their cases are still under review.

The Welfare Officer further advised the people who are still intending to be involved in this illicite dealings that the arm of law is very long and soon the culprits will be brought to book.

He reiterated that comrades must stop the habit of moving around prohibited school premises after 21.00hrs. And that anybo or group of people who would like to go beyond curfew time for example wanting to celebrate must get permission from the Welfare Officer. It has been discovered that some occassions have gone beyond curfew time without obtaining permission from the relevant structure.

The Welfare Officer hope that comrades will take this advice very serious.

From ZPC

"NEW COURSES"

The RWC together with the Adult Education has done it again. As we had promised in our last article that we had asked for assistance from the Morogoro Council Churches, we now have the pleasure in in forming the community that we are about to start the following courses comrades:

- Sewing (Dressmaking)
- Knitting on knitting machines
- Soap making
- Candle making

- Tie and Dye All we need is that the comrades interested should come forward and register their names. We kindly request them to treat the matter very urgently as we are required to submit the names very soon.

Kindly see RWC and Adult Education offices.

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NEW BOOKS

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NEW BOOKS AT THE LIBRARY

- PARISTROIKA: Soviet domestic and foreign policies.
- 2. POLICY ANALYSIS FOR PUBLIC DECISION, by Duncan Macrae and James A. Wilde.
- 3. IDEALOGY AND FORM IN AFRICAN POETRY, by Immanuel Mgara.
- 4. SOUTH AFRICA'S FOREIGN POLICY: the research for status and security 1945-1988, by John Barratt.
- 5. AN ATLAS IN MINOR ORAL SURGERY:
 PRINCIPLES AND PRACTICE, by David A.
 Macgovan.
 - 6. PSYCHOLOGY AND TORTURE.
 - 7. CRITICAL CARE AND EMERGENCY NURSING, by Huddleston Sandra Smith.
 - 8. MICROSOFT WORD 4. O. FOR THE MACINTOSH, by Neil Salking.
 - 9. THE SECOND ECONOMY IN TANZANIA, by T.L. Maluja Mkhono.
 - 10. REFUGEES AND INTERNATIONAL SELATIONS.
 - 11. CROSSING BORDERS: writers meet the ANC.
 - 12. WEBSTER'S GUIDE: The abbreviations.
 - 13. INTRODUCING BRITAIN: by Johannes Hedberg.
 - 14. THE BETTER BACK BOOK: by Constance A. Bean.
 - 15. TRADE WITH INLAND 88-99.
 - 16. SUNSET TRAVEL GUIDE TO WASHINGTON
 - 17. THE WATERCOLOR PRAND BOOK, by Ettore Maiotti.
 - 18. THE PASTEL HANDBOOK, by Ettore Maitti.
 - 19.A READER IN PEACE STUDIES.
 - 20. THE ARMS CONTROL, DISARMAMENT AND

MILITARY SECURITY DICTIONARY.

- 21. INFORMATION SYSTEMS: MANAGEMENT PRAC-TICES AND ACTION, by Robert K. Wysocki and James Young.
- 22. SUB-SAHARAN AFRICAN FILMS AND FILM MAKERS: an annotated bibliography by Nancy Schmidt.
- 23.REVOLUTION IN REVOLUTION: armed struggle and political struggle in Latin America.
- 24.EXECUTIVE DECISIONS AND OPERRATIONS RESEARCH: by David W. Miller and Martin K. Star.
- 25.ELEMENTARY ALGEBRA, part 2. by Richard A. Denhold and Mary P. Dolician.